



American Academy for  
Yoga in Medicine

# GLOBAL INTEGRATIVE MEDICINE CONGRESS

A CONFERENCE OF BIOLOGY & CLINICAL APPLICATIONS OF YOGA,  
AYURVEDA & INTEGRATIVE THERAPIES,  
DIAGNOSTICS & REHABILITATION



The conference will highlight how Yoga, Naturopathy, Ayurveda, and other evidence-based Integrative Medicine practices-rooted in human biology, physiology, and molecular science-serve as a complete lifestyle package, functioning as a form of personalized medicine that optimizes health, prevents disease, and enhances overall well-being.

Organized by: American Academy for Yoga in Medicine (AAYM)



SCAN TO REGISTER



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[aaymonline.org/conference2026](http://aaymonline.org/conference2026)



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# THIS COMPREHENSIVE, BIOLOGY INFORMED FRAMEWORK INCLUDES:

## YOGA ASANA & REGULAR EXERCISE

Neurophysiological and Musculoskeletal Benefits. Enhancing autonomic balance, neural plasticity, circulation, flexibility, and stress adaptation.

## BREATHING TECHNIQUES (PRANAYAMA)

Evidence-Based Respiratory Therapies Improving lung function, cardiopulmonary efficiency, vagal tone, and inflammatory markers.

## MEDITATION (DHYANA)

Mind-Body Neuroscience Regulating neurocircuitry, emotion, cognitive resilience, stress hormones, and mental health pathways.

## PLANT-BASED DIET

Nutrigenomics & Metabolic Markers Influencing gene expression, microbiome diversity, metabolic homeostasis, and chronic disease risk.

## PREVENTIVE CARDIOMETABOLIC LIFESTYLE

A biology-driven model promoting behaviors that reduce cardiometabolic disease risk—adequate sleep, avoidance of smoking, drugs and alcohol, and adoption of protective lifestyle habits.

## CLEANSING & DETOXIFICATION MODALITIES

Personalized Ayurvedic and naturopathic protocols to support physiological detoxification and metabolic balance based on individual constitution and biological needs.

## INTEGRATION OF CUTTING-EDGE DESIGN, AI, AND DIGITAL WEARABLES

Using biosensors, predictive algorithms, and continuous digital biomarkers for early disease detection, health monitoring, and personalized wellness delivery.



# VENUE: MEMPHIS, TENNESSEE, USA



The conference will be held in Memphis, one of the oldest towns in America, famously known as the home of the legendary singer Elvis Presley. Memphis offers a beautiful spring climate, with average daytime temperatures between 68°F and 75°F (20°C to 24°C) - neither too cold nor too hot - making it an ideal setting for this global event. It is also the headquarters of FedEx & International papers representing the city's international reach and dynamic modern character.



# CONFERENCE HIGHLIGHTS

Scientific deliberations and in-depth discussions on Yoga, Ayurveda, and other integrative therapeutic modalities.

Workshops and teaching sessions tailored for medical professionals, clinicians, and researchers.

Hands-on practical training sessions in integrative health approaches.

Official release of guidelines on the integration of Yoga and Ayurveda with modern medicine.

Book launches by distinguished contributors and experts in integrative medicine.

Poster and abstract presentations showcasing the latest research in integrative medicine and allied sciences.

Evaluation of modern wearables and digital health tools for health monitoring, early disease detection, and wellness optimization.

Panel Topics addressing critical issues such as the convergence of traditional and modern medicine, integrative oncology, mental health, neurophysiology of yoga, regulatory pathways, global health policy, and technology-enabled healthcare.

Thematic Topics spanning mind-body physiology, mechanisms of yoga and Ayurveda, chronic disease management, lifestyle medicine, integrative rehabilitation, precision medicine, women's health, geriatric care, and innovations in diagnostics.



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# PANEL TOPICS



## BRIDGING TRADITIONAL AND MODERN MEDICINE

Harmonizing evidence-based traditional healing systems with contemporary biomedical frameworks.

## NEUROPHYSIOLOGY OF YOGA AND AYURVEDA

Exploring brain mechanisms, neuroplasticity, stress physiology, and mind-body interactions.

## INTEGRATIVE MENTAL HEALTH

Yoga, Ayurveda, mindfulness, and digital therapeutics in managing depression, anxiety, PTSD, addiction, and neuropsychiatric disorders.

## INTEGRATIVE ONCOLOGY

Supportive care, symptom reduction, lifestyle interventions, and biological mechanisms.

## CARDIOPULMONARY HEALTH & REHABILITATION

Yoga and Ayurveda in cardiac surgery recovery, COPD, asthma, hypertension, and heart brain interactions.

## WOMEN'S HEALTH & REPRODUCTIVE MEDICINE

Fertility, pregnancy, menopause, PCOS, hormonal regulation, and preventive practices.

## GERIATRIC HEALTH & HEALTHY AGING

Integrative approaches for longevity, cognitive preservation, frailty reduction, and metabolic resilience.

## PEDIATRIC INTEGRATIVE MEDICINE

Non-pharmacological strategies for neurodevelopment, respiratory issues, and postoperative recovery.

## PRECISION MEDICINE & BIOMARKER DISCOVERY

Genomics, proteomics, metabolomics, and biological signatures of Yoga and Ayurveda interventions.

## WEARABLE TECHNOLOGIES & DIGITAL HEALTH IN INTEGRATIVE MEDICINE

Early disease detection, real-time monitoring, AI-based prediction, and population-level wellness.

## POLICY, REGULATION & GLOBAL HEALTH FRAMEWORKS

Legal pathways, ethical considerations, quality control, and strategies for global adoption of integrative healthcare.

## EDUCATION & CURRICULUM DEVELOPMENT

Training standards, evidence-informed teaching models, and integration into mainstream medical education.



# CALLS FOR PARTICIPATION

## CALL FOR ABSTRACTS

We invite high-quality research abstracts across all domains of integrative medicine, including Yoga, Ayurveda, clinical applications, diagnostics, rehabilitation, and emerging technologies. Share your research, innovation, or clinical experience with an international audience of medical professionals, scientists, and integrative health experts.

## CALL FOR TRAVEL AWARDS

Travel support will be provided to outstanding early-career researchers, students, and presenters based on merit and availability.

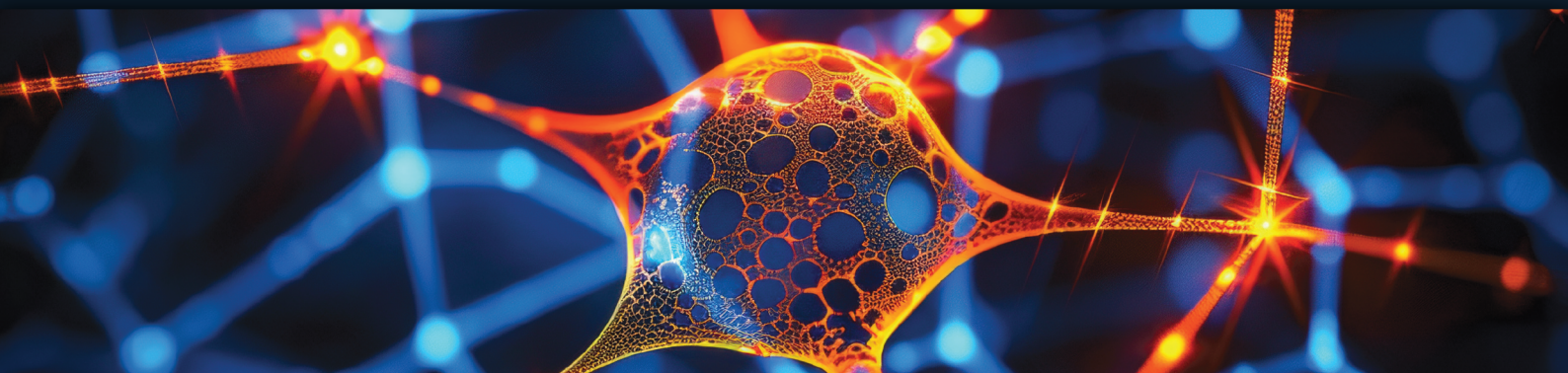
## CATEGORIES INCLUDE:

Yoga & Ayurveda Mechanisms  
Neuroscience & Mental Health  
Cardiopulmonary & Metabolic Health  
Oncology & Immunology  
Diagnostics, Wearables & AI  
Chronic Disease & Rehabilitation  
Women's and Pediatric Health  
Public Health & Integrative Policy  
Traditional Medicine & Evidence-Based Practices

**ABSTRACT SUBMISSION OPENS:  
1ST JANUARY 2026**

**SUBMISSION DEADLINE FEB 28, 2026**

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# EXHIBITION & SPONSORSHIP OPPORTUNITIES

PARTNER WITH US TO SHOWCASE YOUR BRAND BEFORE LEADING EXPERTS, RESEARCHERS, AND HEALTHCARE INNOVATORS.

## UNMATCHED VISIBILITY

Engage with leading physicians, researchers, policymakers, and wellness innovators.

## PRESTIGE & PARTNERSHIPS

Showcase your innovations alongside top global brands and academic leaders.

## CROSS-DISCIPLINARY REACH

From pharmaceuticals and nutraceuticals to wearable health tech and research institutions, connect with audiences that matter.

## EXCLUSIVE NETWORKING:

Be part of curated discussions with global experts driving change in chronic disease management and public health.



### Shine at the Global Integrative Medicine Congress 2026

**SPONSORSHIP TIERS AVAILABLE:**

<b>DIAMOND</b> \$20,000	<b>PLATINUM</b> \$10,000
<b>GOLD</b> \$5,000	<b>SILVER</b> \$3,000

Each category includes tailored benefits, from premium booth placement and logo visibility to complimentary registrations and exclusive media coverage.

 01/02/03, MAY, 2026  Memphis Tennessee, USA

**LIMITED BOOTHS AVAILABLE!** 

CONFERENCE SUPPORT:  
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## KEYNOTE SPEAKERS

Dr. Pramod Kumar Avti  
Dr. Saoji Apar Avinash  
Professor (Dr.) Ishwar V. Basavaraddi  
Dr. Shashi Bala Singh  
Prof. Gurmeet Singh  
Prof. Surya Pratap Singh  
Prof. (Dr.) Meenu Singh  
Dr. Dheeraj Khurana  
Ms. Shimona Kanwar  
Dr. Navneet Kaur  
Dr. Poonam Khanna  
Dr. Sat Bir Singh Khalsa  
Dr. Kamlesh Jha  
Dr. Harish R. Joshi  
Dr. Krupal Joshi  
Dr. Genane Loheswaran  
Dr. Helen Lavretsky  
Dr. Rima Dada  
Dr. Neelam Dahiya  
Prof. Bikash Medhi  
Dr. Kashinath G. Metri  
Prof. Mitali Mukherjee  
Dr. Amit Kanthi  
Dr. Amit Singh  
Dr. Kiran Goswami  
Dr. Girardin Jean-Louis  
Dr. Bharath Holla, MD, PhD

Dr. Sanjay Phadke  
Dr. Leena Phadke  
Dr. Gopal Krushna Pal  
Dr. Pravati Pal  
Dr. Sanjib Kumar Patra  
Dr. Sandeep Patel  
Dr. Suchitra S Patil  
Dr. Uma Debi, MD  
Dr. K.K. Deepak  
Dr. B R Ramakrishna  
Dr. Kishore Kumar Ramakrishna  
Dr. K. Ranil de Silva  
Dr. Satyendra Kumar Rajput  
Dr. Ranjan Solanki  
Prof. Vartika Saxena  
Prof. Pankaj Bharadwaj  
Dr. Hemant Bhargav  
Dr. Bhaswati Bhattacharya  
Ms. Neerja Bharti  
Ms. Braahmani Bobba  
Dr. Monika Pathania  
Dr. Dipti Magan  
Dr. Varun Malhotra  
Dr. Sumit Malhotra  
Dr. David Kang  
Dr. Victor Croglia  
Mr. Colby Gillespie

Dr. Gaurav Trivedi, PhD  
Dr. Arpita Goyal  
Dr. Ajay Naik  
Prof. Alka Khadwal  
Prof. K. Ranil de Silva  
Prof. Gurmeet Singh  
Dr. Raghavendra Rao M  
Dr. Sridhar (Alias) Padmanabhan  
Dr. Titty George  
Mr. Eddie Stern  
Dr. Joel Fuhrman  
Mr. Vivek Podder  
Dr. Suresh Sharma  
Dr. K. Ravindra  
Prof. Sridip Chatterjee  
Dr. Vinod Srivastava  
Dr. JS Thakur  
Dr. Bharathi Dhevi  
Dr. Krishan Kumar  
Dr. Rupesh Kumar  
Dr. Kaushal Kishor Prasad  
Dr. Naval Kumar Verma  
Prof. (Dr.) Sanjay K. Rai  
Prof. Vartika Saxena  
Dr. Malla Bhaskara Rao  
Dr. Girardin Jean-Louis  
Dr. Gopal Krushna Pal

Please note: The final list of speakers and their detailed biographies are not yet final and will be confirmed closer to the event date.



**Dr. Indranill Basu-ray - Chairman and Program Director**

## **ORGANIZING COMMITTEE**

Ajay Ghosh	Bhushan Patwardhan	Marty Thomas	Shekhar Annambhotla
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Arjun Sardar	KV Kumar	Ritika Chaudhury	Tarun Basu
Ashish Joshi	Khandero Kand	Ritin Bomb	Thomas Abraham
Ashutosh Rastogi	Kinjal Solanki	Rohit Sane	Tanuja Joshi
Ashwini Kumar Setya	Kundan Singh (Palo Alto)	Rohit Vyas	Vemuri Murthy
B. N. Gangadhar	Lalit Jha	Rucha Kelkar	W. Selvamurthy
Bharat Barai	Manjit Kaur	Sai Gundavelli	Zeeshan Mansuri
Bhaswati Bhattacharya	Manjunath N. K.	Sathish Kathula	
BK Kishore	Manoj Jain	Saoni Chatterjee	

# REGISTRATION

Spot Registration (May 2026): **\$1,489**

Early Bird Registration (until end of February 2026):

**\$989** - Practicing Physicians / Allopathic Doctors (with CME)

**\$589** - Practicing Physicians / Allopathic Doctors (without CME)

**\$489** - Non-Licensed Physicians in the US

**\$250** - Accepted Posters/Abstract Registration



SCAN & PAY





# REGISTRATION

STARTS FROM JANUARY 1st, 2026



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